



## OUTPATIENT / OBSERVATION CHEMOTHERAPY DISCHARGE INSTRUCTIONS

Please read these instructions carefully and ask your nurse to answer additional questions.

1. Activity as you can tolerate.
2. If you are receiving radiation therapy, do not have sex, douche or use tampons for 4-6 weeks after your last radiation treatment.
3. Use your prescribed pain reliever, which at this time is \_\_\_\_\_.  
If this is not effective, call 601-984-1000 and ask for the Gyn oncology doctor on call.
4. Notify your doctor for the following:
  - a. Any redness, swelling, streaking or pain at your port site.
  - b. Temperature of 101.0
  - c. Nausea or vomiting unrelieved by medications.
  - d. New or any changes in vaginal bleeding or discharge.
  - e. Excessive pain unrelieved by medications.
5. If you have any problems or an emergency, please call \_\_\_\_\_ or your doctor's office.

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