

This sheet is used as a teaching aid and may not provide all the information you need.

- ◆ Follow your physician's specific instructions.
- ◆ If you missed a dose, contact your physician and /or pharmacist.
- ◆ Keep your physician informed of all over the counter and prescription medication you are currently taking.

Intended use: Antibiotic



This brochure is provided to you as a joint effort of the Pharmacy, Nutrition, Nursing, Department of Medicine, and Education Departments.



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FOOD AND DRUG INTERACTION

Doxycycline
Minocycline
Tetracycline



Common Side Effects

- ◆ Skin will be more sensitive to sunlight
- ◆ Stomach discomfort or diarrhea
- ◆ Heartburn
- ◆ Dizziness or lightheadedness

This medication is to be taken with a full glass (8 ounces) of water on an empty stomach.

Potential Food and Drug Interactions:

- ◆ Take medication with a full glass (8 ounces) of water on an empty stomach 1 hour before or 2 hours after meals and remain in upright position for 30 minutes
- ◆ **DO NOT** take milk or other dairy products, antacids, multivitamins, Carafate (sucralfate), or preparations containing iron, calcium, or magnesium within 1 or 2 hours of the time you take this medicine. (These products will prevent the drug from working properly.)
- ◆ Birth control pills containing estrogen may not work properly while you are taking tetracycline. You should notify your doctor and use additional means of birth control while taking this antibiotic.
- ◆ If you are breastfeeding, talk with your doctor about taking this medicine.



Examples of Products to be Avoided if Taking this Medication:



Milk or Dairy Products



Antacids (for example: Tums®, Roloids®, Milk of Magnesia®)



Multivitamins