



LAPAROSCOPIC SURGERY DISCHARGE INSTRUCTIONS

Please read these instructions carefully and ask your nurse to answer additional questions.

1. You may take a tub bath or shower.
2. Starting daily activities:
 - a. Normally you may start all of your normal daily activities in 48 hours.
 - b. Do not drive for 48 hours.
 - c. A post surgery visit will normally be scheduled in two weeks.
 - d. Do not have sex, douche or use tampons until after your two week checkup.
3. Keep your incisions clean with peroxide. You may remove any tape or bandage in 24 hours and replace it if desired. Remove any steri- strips in one week if still remaining.
4. Use your prescribed pain reliever. If this is not effective, call 601-984-1000 and ask for the GYN doctor on call.
5. Notify your doctor for the following:
 - a. temperature of 101.0
 - b. redness around or drainage from your incisions
 - c. foul smelling or unusual vaginal discharge
 - d. nausea and/or vomiting
6. If you have any problems or an emergency, please call _____ or your doctor's office.